



CENTRE STAGE

JANUARY 2021

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We hope 2021 brings everyone health, happiness, and peace. We look forward to seeing all of you again soon! -Lincoln Centre Management



Whether you were onsite at Lincoln Centre, or spent most of the past year working from home, we thought you'd enjoy a look back at all we did in 2020. It will certainly be a year to remember! Click [here](#) to watch our Youtube video!

New Beginnings!



GET YOUR HOUSEHOLD HUMMING WITH OBEDIENCE TRAINING

Got a new furry family member over the holidays? Get them started on the right paw with obedience training at one of these local Dallas dog trainers.

[ALL DOGS UNLEASHED](#) offers both in-home and 2-week board-and-training.

[WE TRAIN DOGS](#) offers both one-week and two-week board-and-train services including follow-up classes.

[DFW K9 TRAINER](#) personalizes his training techniques to get the best results from your pup.

[JOLLY PUP DOG SERVICES](#) offers basic and advanced obedience, leash pulling, separation anxiety, chewing, and more.

[USA DOG BEHAVIOR](#) offers a variety of training but specializes in recognizing and treating fear, aggression, anxiety, and phobias.

[GOOD DOG FETCH](#) uses force-free training methods/techniques, believing harming your dog won't help train them.

[CANINE DIMENSIONS IN-HOME DOG TRAINING](#) offers in-home dog training addressing whatever your dog needs help with.

[TRAVELING DOG TRAINER](#) offers in-home and board-and-train for you and your pup.

[SUBURBAN K9 DOG TRAINING](#) has a great team of trainers, many who train and compete with their own dogs.

[PARK CITIES OBEDIENCE SCHOOL](#) provides group training, private lessons, in-home training, board-and-train services, and more.



NEW YEAR, NEW START!

No matter what your 2021 resolutions are, we want to help you accomplish your goals! Check out these helpful links to get started.

WEEKLY MEAL PREP

Read this [Beginner's Guide to Meal Planning](#) or check out this list of [Easy Freezer Meals](#) to make your weekly meal prep a breeze

READ MORE BOOKS

Use [Whichbook's](#) search tool to find your next great read

PERSONAL FINANCES

View these [50 Personal Finance Tips](#) to get started then dive a little deeper (and be entertained at the same time) with [Mr. Money Mustache](#)

EXERCISE MORE

Download our [Lincoln Centre HqO app](#) for access to free virtual cardio, yoga, movement and meditation classes

GET ORGANIZED

Check out these [10 Creative Decluttering Tips](#) from minimalist author and blogger, Joshua Becker, and reap all the benefits of a less cluttered home and less chaotic life

DRINK LESS ALCOHOL

Try one of these [20 Healthy Mocktail Recipes](#) and we bet you won't miss the alcohol infused beverages (or the hangovers!)

BE GREENER

Check out this list of [35 things you can do to help save the planet in 2021](#)

Do Something New



WINTER ACTIVITIES *at the* ARBORETUM

It may be cold outside, but there is a full slate of events and activities for you at the Dallas Arboretum! To kick off 2021, the Arboretum is offering \$5 general admission beginning January 2 for the entire month. Tickets must be [purchased online](#). Parking is \$15 at the gate or \$10 if purchased online in advance.

Please note: The Rory Meyers Children's Adventure Garden is closed for preventative maintenance from January 1 to February 28.



RUTHIE'S FOOD TRUCK

OUTSIDE THE TWO LINCOLN
LOWER LOBBY

Wednesday, January 13 | 11:30 – 1:30



LINCOLN CENTRE HQO APP GIVEAWAY!

Download the Lincoln Centre HqO app to enter for a chance to win a MIRROR Home Gym as part of the New Beginnings Wellness Raffle!



VIRTUAL WORKSHOP: STITCH N' BRUNCH 2.0

Get hooked on yarn! Learn how to crochet and make colorful patterns with loop master Suzuko Davis. Work on your own creations while learning about artists in the Nasher Collection from educator Sara Scherper. Bring something to sip or snack on as you join us for this virtual crochet circle and enjoy an hour of fun art-making and conversation. Open to the public. Advance registration required; spaces are limited. FREE for Nasher Members / \$10 for non-members. Suggested supply list will be provided in the confirmation mail. Register here: [Virtual Workshop: Stitch N' Brunch](#)

Lincoln Centre Dallas

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Grand Shoe Care.....	972.770.2419
Hilton Hotel.....	972.934.8400
Washington Federal.....	214.526.5843

RESTAURANTS

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Gateway Newsstand & Deli.....	972.934.3826
L'Express.....	972.702.3336
The H Bar.....	972.701.5285

*Notary Services are available to
Lincoln Centre Tenants at no cost.
Please contact the Lincoln Centre
Concierge at 972.770.2171 for
information.*

